

My name is Denise and I had the privilege of having Dr. Fabien perform the SB Charite Artificial disc on myself. I am two years post-op and could not be happier with the results. Since the surgery I am back to my "normal" routine and day-to-day life functions. This surgery has truly given me my life back.

I was a nurse lifting up a patient and that is how I injured my back in the first place, I have been thru a lot of things before finally meeting Dr. Bitan. I live in Massachusetts so initially had the usual routine of Predisone to try and get the swelling around the disc down, then all sorts of Physical therapy, Epidural, Facet and SI injections along with finally having a L5-S1 Discectomy, which eventually failed.

I was at my wits end, one and a half years after my Discectomy being in more pain than originally, the Spinal Surgeon that performed my surgery ordered another MRI which was an "open" MRI and said my back was normal, for me, and that basically the pain was all in my head, knowing that it was not in my head, knowing my body, my mother seeked another route which ended with meeting Dr. Bitan.

I sent him all my MRI's and reports and finally got a call that he wanted to see me. I was excited and nervous at the same time, is this just going to be another doctor who says its nothing and take this you will feel better, but he was not like that at all, he was amazing, comforting, confident and most of all listened to me. He took one look at my latest MRI and said my spine was "collapsed", I almost died right there, finally a diagnosis for all the pain I have been having for the past few years and knowing I was not going crazy. Since the MRI was an "open" one, Dr. Bitan said it takes a trained eye to see it, that is why all along other Doctors were telling me I was fine, they could not see it, scary!!!

I finally had the surgery on January 6, 2004 a few months after meeting "my angel" the surgery was a complete success. I stayed in N.Y for two weeks, which my mother fully enjoyed, saw Dr. Bitan before I left for home and he said I was doing great. I have to say the pain was not bad at all, I had no back pain, only stomach/abdominal pain where the incision was in the front of my stomach, I hardly even took any pain medication that he gave to me. Once home it took me another month to feel good and confident to start doing normal things slowly again, as soon as I got home I started on the treadmill only two weeks after surgery, very slowly though per Dr. Bitan that was my physical therapy.

Now two years and 31 years old since the surgery I have to say I have never been happier in my life, I have my life back. My husband and I can do all sorts of things again that I could not do for a long time, I am working again and now trying to have a baby, without Dr. Bitan I would never be able to do these things and end up where I am in my life, he is truly a special person, and amazing doctor, he gives people hope when you feel like there is none anymore. I would and have recommend Dr. Bitan to anyone who has ever needed or knows of someone who would benefit from this type of procedure. I have met a lot of doctors in my life working in the medical field but no one has touched my life in the way that Dr. Bitan has.